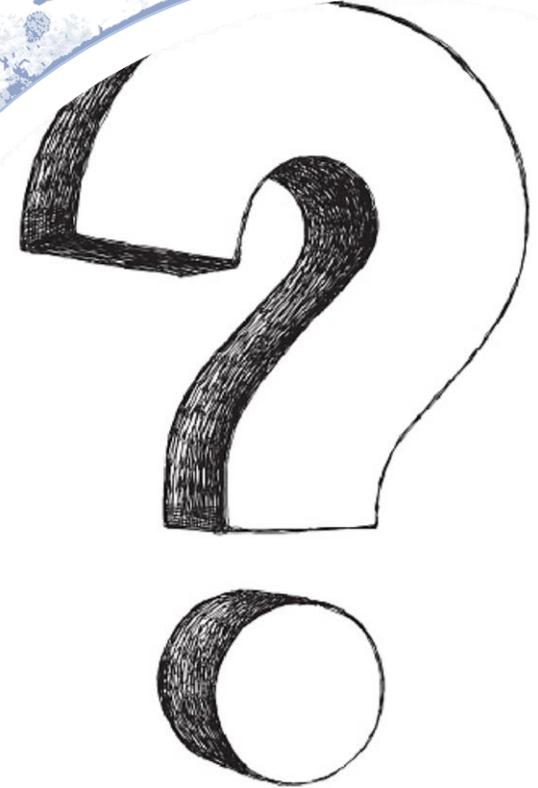




HUMILITY



- **HOW DO YOU DEFINE HUMILITY?**
- **DESCRIBE THE TRAITS OF A HUMBLE PERSON.**

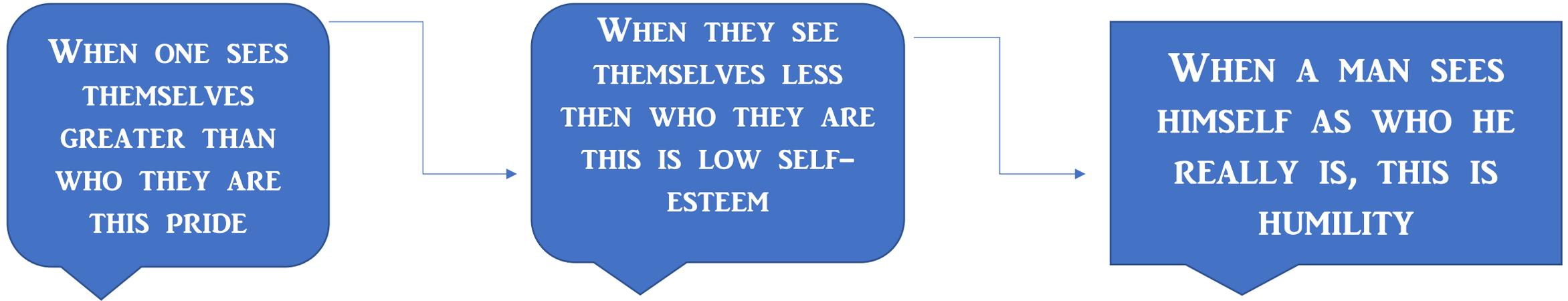
WHAT IS HUMILITY?

FREEDOM FROM PRIDE; THE QUALITY OR STATE OF BEING HUMBLE

TO MAKE (SOMEONE) HUMBLE IN SPIRIT OR MANNER

RANKING LOW IN A HIERARCHY OR SCALE

HUMILITY IS THE OPPOSITE OF PRIDE



*“And the LORD God formed man of the **dust of the ground**, and **breathed into his nostrils the breath of life**; and man became a living being” Genesis 2:7*

“Then Abraham answered and said, “Indeed now, I who am but dust and ashes have taken it upon myself to speak to the Lord.” Genesis 18:27



“HUMILITY IS A LIFE ONE LIVES BETWEEN HIMSELF AND GOD, IN WHICH HE FEELS HE IS NOTHING AND WHATEVER GOOD HE HAS IS FROM GOD; AND WITHOUT GOD HE IS NOTHING.” ~BISHOP YOUANIS OF GHARBIA

“HUMILITY OF MAN IS THAT HE WOULD KNOW HIMSELF”.

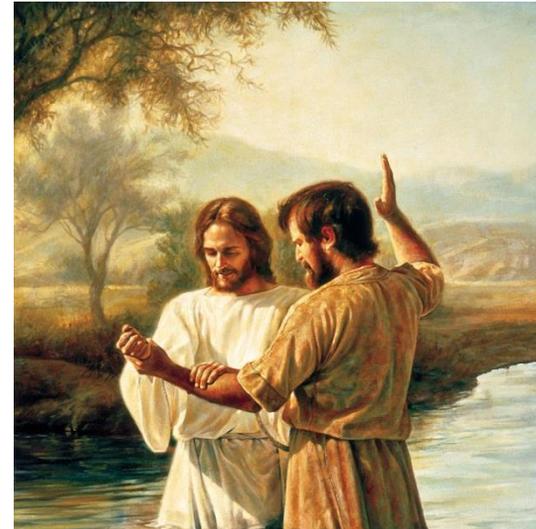
GOD ALONE IS HUMBLE

- “HE IS THE ONLY HIGHEST WHO CONDESCENDS DOWN FROM HIS UPPERMOST POSITION.” HH POPE SHENOUDA III

*“Let this **mind** be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, **but made Himself of no reputation, taking the form of a bondservant**, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. Philippians 2:5-8*

“For you know the grace of our Lord Jesus Christ, that though He was rich, yet for our sakes He became poor, that you through His poverty might become rich.” 2 Cor 8:9





HUMILITY HEALS



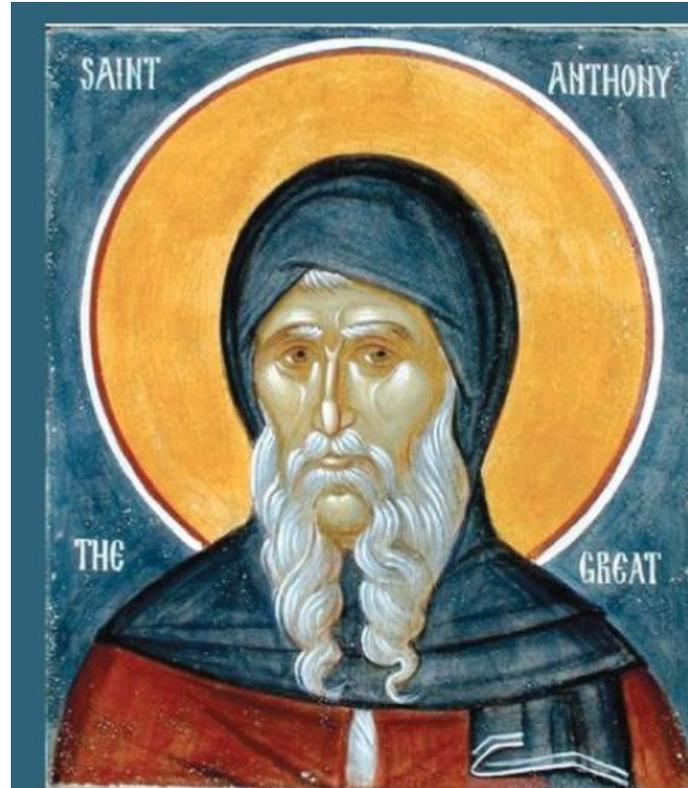
- **THE FIRST SIN WHICH CAUSED THE FALL OF OUR RACE WAS PRIDE**
- **GOD TREATS IT WITH HUMILITY**
- **“BELIEVE THAT DISHONORS AND REPROACHES ARE MEDICINES THAT HEAL THE PRIDE OF YOUR SOUL, AND PRAY FOR THOSE WHO REPROACH YOU, AS FOR TRUE PHYSICIANS OF YOUR SOUL, BEING ASSURED THAT HE WHO HATES DISHONOR, HATES HUMILITY, AND HE WHO AVOIDS THOSE WHO GRIEVE HIM, FLEES FROM MEEKNESS” ~ DOROTHEUS, HERMIT OF EGYPT.**

HUMILITY IS A NECESSARY VIRTUE

- **HUMILITY IS THE MOTHER OF ALL VIRTUES**
- **“HUMILITY IS THE FERTILE GROUND IN WHICH ALL OTHER VIRTUES CAN GROW AND WITHOUT IT NONE WILL GROW”**
- **“NOTHING IS SUPERIOR TO HUMILITY AND LOVE, BECAUSE HUMILITY RAISES AS THE LORD SAID AND LOVE HOLDS UP AS ST PAUL SAID ‘LOVE NEVER FAILS’”**



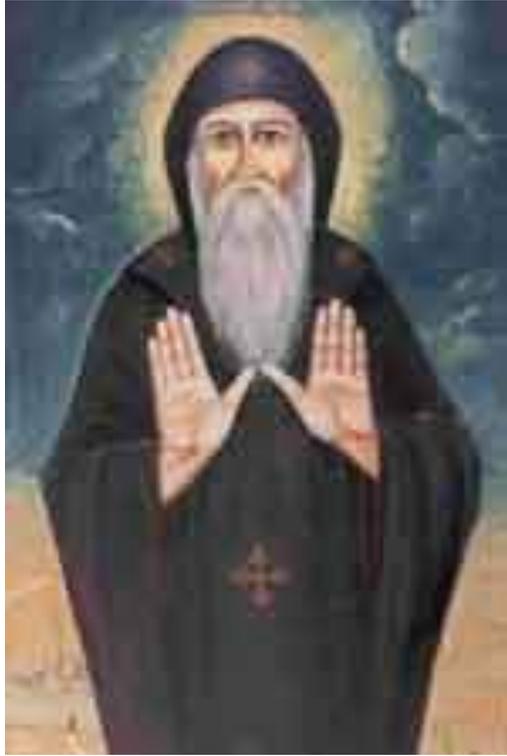
POWER OF HUMILITY



- St Anthony the Great -
throughthegraceofgod.wordpress.com

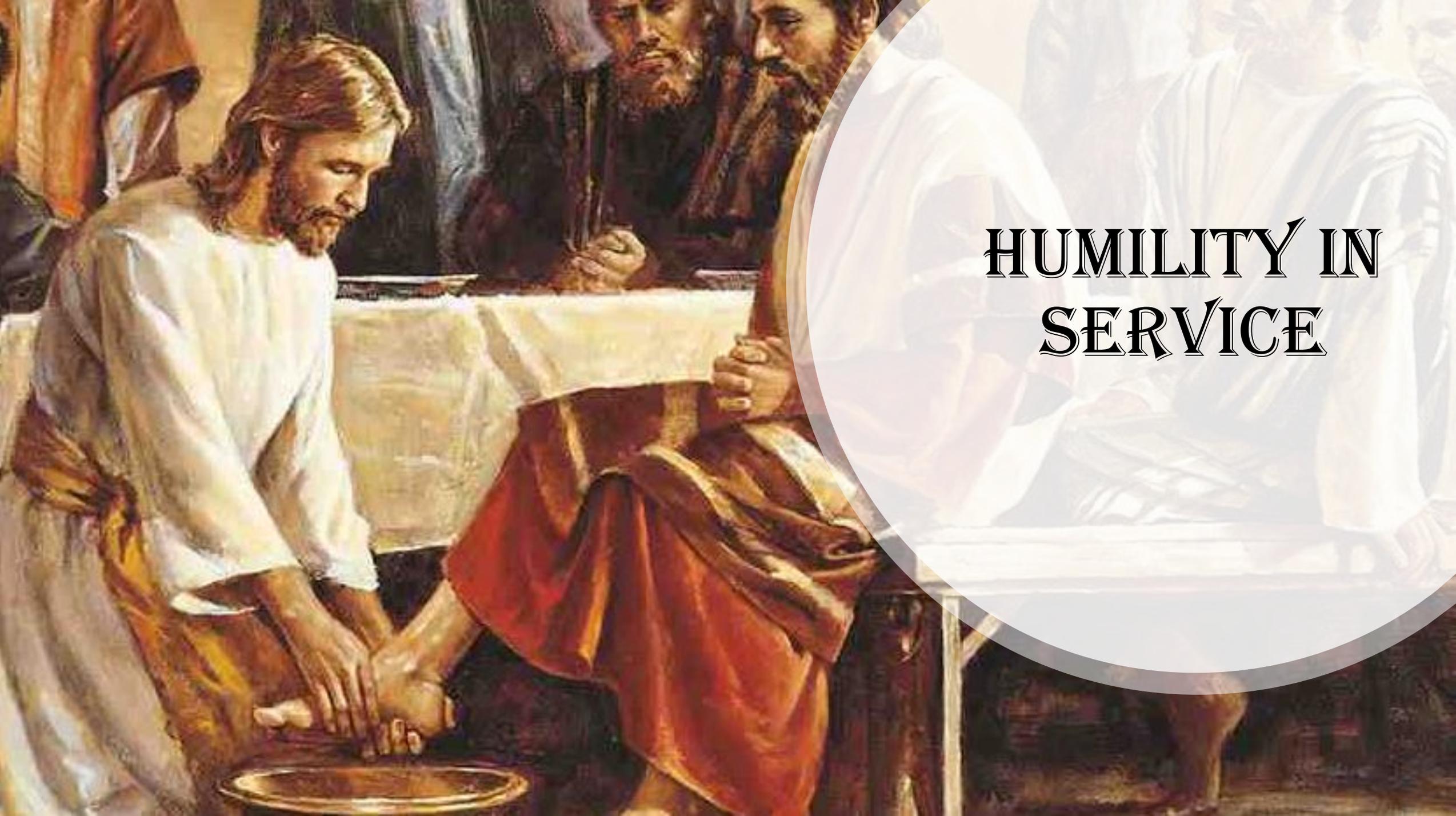
Abba Anthony said,
“I saw the snares that the
enemy spreads out over
the world and I said
groaning, “*What can get
through from such
snares?*” Then I heard a
voice saying to me,
‘Humility.’

- Sayings of the Desert Fathers -



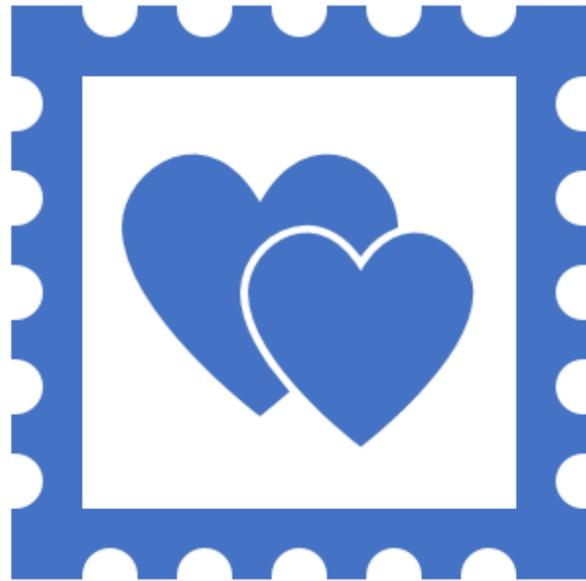
POWER OF HUMILITY

'WHEN ABBA MACARIUS WAS RETURNING TO HIS CELL HE MET THE DEVIL ON THE ROAD AND HE SAID TO HIM, 'WHAT IS YOUR POWER, MACARIUS, THAT MAKES ME POWERLESS AGAINST YOU? ALL THAT YOU DO, I DO, TOO; YOU FAST, I DO NOT EAT; YOU KEEP VIGIL, AND I DO NOT SLEEP AT ALL; IN ONE THING ONLY DO YOU BEAT ME.' ABBA MACARIUS ASKED WHAT THAT WAS. HE SAID, 'YOUR HUMILITY. BECAUSE OF THAT I CAN DO NOTHING AGAINST YOU.'



HUMILITY IN SERVICE

HUMILITY IN SERVICE



“Blessed are the poor in spirit, For theirs is the kingdom of heaven” Matthew 5:3

- **OUR LORD STRESSED ON GENTLENESS AND LOWLINESS BECAUSE IN SERVICE – WE FACE THE SPIRITUAL WAR OF VAIN GLORY AND PRIDE.**
- **IT GIVES REST TO A SOUL**

“Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.” Matthew 11:29

A SERVANT

- HUMBLING LABEL
- ROLE IS THE SERVE AND NOT RULE

“And whoever desires to be first among you, let him be your slave—just as the Son of Man did not come to be served, but to serve, and to give His life a ransom for many.” Matthew 20:27-28





DISCIPLESHIP

- **“SOME SERVANTS THINK THEY DO NOT NEED TO LEARN ANY MORE NOW THAT YOU ARE SERVING”**
- **“TO PRESERVE YOUR HUMILITY – YOU MUST KEEP YOU DISCIPLESHIP.” HH POPE SHENOUDA III**



“Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct” Hebrews 13:7



HUMILITY IN TEACHING

- **DO NOT SHOW OFF YOUR KNOWLEDGE**
- **DILIGENT IN PREPARING LESSONS AND NOT ON EXISTING KNOWLEDGE**
- **FIRST PERSON SERVED IN SERVING IS YOURSELF**



HOW DO WE POSSES HUMILITY?

- OBEDIENCE
- LOVE OF SERVICE
- QUICK TO FORGIVE
- RECEPTIVE TO CRITICISM/WARNINGS
- LACK OF JEALOUSY
- ALWAYS THANKS GOD
- DOES NOT JUDGE
- QUICK TO APOLOGIZE
- ACCEPTS ALL WITHOUT BIAS
- DOES NOT BOAST IN ANYTHING EXCEPT GOD ALONE!